

## Conference Schedule - Friday, May 15

# Friday

### Session Types:

- PAN Panel  
WS Workshop  
LT Lightning Talk  
PER Performance

### Audience Levels:

- ALL All audiences  
INT Intermediate Enneagram  
ADV Advanced

**8:30-9:00** Coffee & Registration

**9:00-9:30** Welcome

**Madden Hall**

**9:30-10:30** Conference Keynote

**Madden Hall** Reflections on Leadership, Liberation and Life • Terry Saracino

**10:30-10:50** Break

**10:50-12:20** **Concurrent Presentations**

INT WS **The Pie Has Nine Slices: Why Eat Only One?** • Moira McCaskill • This session is an exploration of how looking at a question from different Enneagram Type perspectives can bring insight, awareness and conscious choice forward.

**Madden Hall**

ALL PAN **Panel of the 9 types for people who are new to the Enneagram** • Pat Bowman & Natalia Jaxion • This presentation is a beginner's panel for those new to the Enneagram. A panel is when a group of nine types, are individually asked the same question.

**Room 403**

INT WS **Emotional Intelligence and the Enneagram** • Lynn Davies • This session will explore how you can use your awareness of your own Enneagram type to fast-track your Emotional Intelligence (EQ) development and become a more effective and successful leader.

**Room 404**

**12:20-1:50** Lunch (eat with your type)

Canada Dining Room (Brennan Hall)

**1:50-3:20** **Concurrent Presentations**

ALL WS **Enneagram on the Pottery Wheel!** • Cynthia Stevens • Participants will experience themselves as clay, being shaped on the pottery wheel, in the beauty and difficulty of each of the nine types.

**Madden Hall**

INT PAN **Coping with Difficult People** • Terry St Pierre & Heather Marasse • This presentation relates the Enneagram Harmonics and Hornevians to the Robert Bramson book Coping with Difficult People, providing easy-to-apply practices and strategies for action for each Enneagram type.

**Room 403**

ALL WS **Communication Styles for Success!** • Melanie Bell & Kacie Berghoef • Learn about the three Enneagram communication styles, identify your own, and watch them at work through group activities. Discover strategies to work more effectively with all kinds of people!

**Room 404**

INT WS **The Enneagram of Self-Deception** • Paul Pasternak & Callayna Pasternak • Those who have experience with the enneagram will have a safe and dynamic space to explore what types of self-deception the mind engages in even when a person is correctly typed (or not!), and is reasonably well versed in the enneagram model.

**Room 405**

**3:20-3:40** Break

## Conference Schedule – Friday, May 15

<b>3:40-5:10</b>		<b>Concurrent Presentations</b>
<b>INT</b> <b>WS</b>	<b>Madden Hall</b>	<b>Soul Sonics: The Holy Ideas and Singing Bowls Meditation</b> • Ron Esposito • The presentation will include remarks on the Holy Ideas, attendees' experience of the Holy Ideas, questions and conclude with a 20 minute singing bowls meditation.
<b>ALL</b> <b>WS</b>	<b>Room 403</b>	<b>It takes a Village</b> • Brian Mitchell-Walker • Frustration occurs when our child/ren and others interacting with our child/ren have different priorities. Use the Enneagram to open (improve) discussions with co-parents, caregivers, teachers, instructors, coaches and our children.
<b>ALL</b> <b>WS</b>	<b>Room 404</b>	<b>Leveraging the Enneagram in Developing Leaders</b> • Karl Hebenstreit • Identify the leadership traits and behaviors of each Enneagram type and how they can be used as strengths or become potential derailers to a leader's success and effectiveness.
<b>ADV</b> <b>WS</b>	<b>Room 405</b>	<b>The Enneagram is a yang system in need of its yin, both nesting in the broader context of the 'Gram Family of energy systems</b> • Marlene Reeve-Newson • How the Enneagram became my template for a broader context; Why am I all 18 archetypes (9 yin & 9 yang), but paradoxically only one?
<b>5:10-5:20</b>		Break
<b>5:20-5:50</b>		<b>Lightning Talks</b>
<b>ALL</b> <b>LT</b>	<b>Madden Hall</b>	<b>Getting the Enneagram into every MBA program – a Call to Action</b> • Kaylyn Morton • Imagine a world run by leaders who studied the Enneagram along with Finance, Marketing, and Strategy. What a positive difference that would make for all stakeholders. Let's make it happen.
<p>Each lightning talk is under five minutes; they will run in quick succession after one another.</p>		<b>Centre Word Clues</b> • Brian Mitchell-Walker • Language is important. Here are words and phrases that I have heard when working with others that points to which centre(s) (Gut, Heart, Head) they are not in touch with.
		<b>An eight's vulnerable perspective on working through betrayals</b> • Natalia Jaxion • Natalia will share what betrayal means to her and how she processes and feels these deep emotions in her body. Also, how her energy levels are affected when she does not allow herself to feel emotions constructively.
		<b>Meditation: Integration and Application of The Enneagram</b> • Paul Pasternak • Highlight the importance through my direct experience of having a meditation (or other somatic practice) to live life more of the time on the higher functioning side of your enneagram style and create a positive impact on the people around you.
		<b>Relationship Answers In Enneagram Personalities</b> • Eileen Head • Share how I found answers to why I couldn't figure out my thirty-five year marriage until I found the Enneagram Personalities.
		<b>Breaking the Five Stereotype</b> • Rob Fitzel • Fives are often stereotyped as self-isolating intellectuals who have no feelings nor interest in people. Fives appear to create a quiet distance between themselves and others, shielding what's going on inside them. This talk will shed some light on the mind of a Five, why they build walls and how to bridge the gap.
<b>5:50-6:00</b>		Closing
<b>Madden Hall</b>		Supper on your own
<b>8:00</b>	<b>Madden Hall</b>	<b>Marathon</b> • TJ Dawe • Marathon is an autobiographical monologue that likens my working on my blind spot, as revealed by my understanding of the Three Instincts, with stories of having been a terrible long distance runner in high school.
<b>ALL</b> <b>PER</b>		

## Conference Schedule – Saturday, May 16

# Saturday

### Session Types:

- PAN Panel  
WS Workshop  
BOF Birds of a Feather  
PER Performance

### Audience Levels:

- ALL All audiences  
INT Intermediate Enneagram  
ADV Advanced

**8:00** **ROUND THE BEND: Aligning Enneagram Energies in the Labyrinth** • Earl Brochu • The Toronto Public Labyrinth Enneagram and the Labyrinth align as circular patterns and sacred paths. Mindful walking is a grounded experience of focused breathing, calm reflection and present awareness.

**8:30-9:00** Coffee

**9:00-9:20** Welcome  
Madden Hall

### 9:20-10:50 Concurrent Presentations

INT WS **The Enneagram: Bridging the Gap from Boomers to Millennials** • Jess Marasse & Liz Marasse • We want to facilitate a new conversation about Generation Y and how the Enneagram can help bridge the gap between the generations.  
Madden Hall

INT PAN **What's Your Personality Loving Style?** • Eileen Head • I would like to interview panels of each type with leading questions for each type on validating how what their loving style is.  
Room 403

ALL WS **The Instincts and Creativity** • Lindsay Robertson & TJ Dawe • Participants will be led through exercises based on the three instincts in order to experience how they can activate their creative impulses, sustain them, and share them with others.  
Room 404

INT WS **Energy Management for Leaders and Life** • Bettylynn Stoops • Each Enneagram type manages the flow of energy differently. Learn how the body works to modulate presence. Energetic signature resonates from a habitual point of access (ego-centric) or in an integrated well-tuned system of Intelligence.  
Room 405

**10:50-11:10** Break

### 11:10-12:40 Concurrent Presentations

INT PAN **Personality as Entry Point on the Spiritual Path** • Sandra Smith • During this presentation, participants will engage exercises that allow them to experience receptivity, the place of spiritual experience. Three panels, one from each triad, will bring to awareness the dynamics of type in the spiritual journey, dynamics that can support and hinder our spiritual growth.  
Madden Hall

INT WS **The Enneagram: Charting Your Course from Grief and Loss to a New Beginning** • Janine Cutler & Andrea Purcell • By identifying the idealization, avoidance and defence mechanism that operates for each type, participants will gain an understanding of how these barriers can interfere with the grief and loss process.  
Room 403

ALL WS **TABLE for NINE: How Enneagram Energies Work in the Kitchen** • George Wrobel • Working in the kitchen serves as a strong indicator of Enneagram energy, while mindful awareness of the meanings of food deepens understanding of core type positions and instinctual sub-type variants.  
Room 404

ALL WS **Liberate your Type and Live the Enneagram** • Rob Fitzel • This presentation will help you recognize the nine types in you by exploring the qualities and life stories that your type has in common with every other type.  
Room 405

**12:40- 2:10** Lunch  
Canada Dining Room (Brennan Hall)

## Conference Schedule – Saturday, May 16

<b>2:10- 3:10</b>	<b>Concurrent Birds of a Feather Sessions</b>
<b>ALL BOF</b> Madden Hall	<b>Making the Journey from Self-Doubt to Self-Assurance</b> • Kaylyn Morton & Helen Peacock • When self-doubt starts to derail us, how can we soften it in the light of awareness and compassion and give ourselves the reassurance we need to feel safe and move forward.
<b>ALL BOF</b> Room 403	<b>The Enneagram and Young Adults</b> • Beth O'Hara • The Enneagram is a powerful tool whose evolution is critical for the transformation of the world. How do we ensure the enneagram continues through future generations?
<b>ALL BOF</b> Room 404	<b>The Coming of Wisdom with Time: Transpersonal Gerontology and the Enneagram</b> • Carl Marsak • We will discuss recent developments in the fields of Social and Transpersonal Gerontology, and how they intersect with our Enneagram studies and practices, all in preparation for our 9 Points Panel on this topic the following day.
<b>3:10-3:20</b>	Break
<b>3:20- 4:20</b>	<b>Concurrent Birds of a Feather Sessions</b>
<b>ALL BOF</b> Madden Hall	<b>The Enneagram and the Body</b> • Beth O'Hara • Explore how type and reactivity shows up in the body. Share your observations of how noticing the body helps you increase your awareness of your type and loosen your reactivity.
<b>ALL BOF</b> Room 403	<b>OPENING TO SPIRIT – A Conversation About The 9 Enneagram Pathways To Spiritual Connection</b> • Ilze Arielle Matiss • This is a facilitated dialogue about participants' experiences with connections to spirit. A place to share stories and discover how their experiences are similar to and different from others.
<b>ALL BOF</b> Room 404	<b>Slow Looking: Engaging with Art Works at St. Michael's College</b> • Susanne Palmer • Each of us responds to a work of art differently, incorporating our life experiences, biases and insights. Enjoy a relaxed opportunity to view a selected piece from St. Michael's outstanding collection and share your unique perceptions.
<b>INT BOF</b> Room 405	<b>Enneagram Communities - an Exploration</b> • Penny Whillans • This is an opportunity to share our experiences in Enneagram communities, the benefits, demands and challenges and to review ways to support these communities.
<b>4:20- 4:30</b>	Break
<b>4:30- 6:00</b>	<b>Concurrent Presentations</b>
<b>INT WS</b> Madden Hall	<b>Do or Die: What Motivates Each Enneagram Style to Grow and Change</b> • Tom Condon • In this session we will discover the positive and negative change motivations typical for each Enneagram style. We will locate these motivations within ourselves and learn how to evoke them in others.
<b>ALL WS</b> Room 403	<b>Yeah. Un Huh. And How Does This Free Us: Black Identity and Peoplehood Through Enneagram Type Structure</b> • Dr. RaShon • This workshop uses the personal transformation journey of an Enneagram student, teacher and life coach, aided by members of their community in exploring how EnneaType impacts perception of personal identity.
<b>ALL WS</b> Room 404	<b>Leveraging the Enneagram to Develop "Conscious Leaders" in a Large Organization</b> • Tod Tappert & Skip Morris • Learn how a large health care organization with 14,000 employees is using the Enneagram as a tool for transforming its organizational culture.
<b>6:00- 6:15</b> Madden Hall	Closing
	Supper on your own
<b>8:15</b> <b>ALL PER</b> Madden Hall	<b>Singing Bowls Concert</b> • Ron Esposito • My program will include a brief introduction to the singing bowls and some poetry from the mystical tradition in addition to the playing of the bowls.

## Conference Schedule – Sunday, May 17

# Sunday

Session Types:

**PAN** Panel  
**WS** Workshop

Audience Levels:

**ALL** All audiences  
**INT** Intermediate Enneagram  
**ADV** Advanced

9:00-9:30 Coffee

9:30-10:00 Welcome

Madden Hall

10:00-11:30 **Concurrent Presentations**

**INT WS** **Cultivating Heart with the Enneagram** • Renée Rosario • I will offer theory and practices supporting the cultivation of positive feelings. We will practice individually and in groups, using the power of the Enneagram community to stimulate greater growth.  
Madden Hall

**INT PAN** **The Autumn Harvest: A 9 Points Panel of Spiritual Elders** • Carl Marsak • In the first 20-30 minutes I will give a short presentation on the emerging field of Transpersonal Gerontology and will relate this to our work with the Enneagram. Then we will have a 9 Points Panel of spiritual elders 63 yrs. and over, all of whom have been familiar with their own Enneatype for at least a few months, if not several years or longer.  
Room 403

**ADV WS** **Enneagram or Dekagram?** • Nicholas Reitter • A new theory amending the fundamental dynamics of one the nine Enneatypes will be proposed. Examples of actual persons whose patterns are believed to be better explained by the theory as amended will be presented and discussed in detail.  
Room 404

**ALL WS** **Sex, Power, and Money The Enneagram and Emerging Consciousness** • Deborah Ooten & Beth O'Hara • Sex, Power, and Money are hot button issues forming the majority of conflicts in relationships. We will explore these topics through the lenses of Enneagram Type and Spiral Dynamics®.  
Room 405

11:30-1:00 Lunch

Canada Dining Room (Brennan Hall)

1:00- 2:30 **Concurrent Presentations**

**ADV WS** **Conscious Embodiment and Living the Enneagram** • Penny Whillans • Explore and experience your three-centred intelligences. Learn and practice “one-pointed expanded attention.” This practice allows us to live vibrantly, unhindered by the prisms and restraints of our typologies.  
Madden Hall

**ALL WS** **The Transformative Power of Conflict** • Curt Micka & Diana Redmond • When we engage conflict in conscious, creative, and heart-felt ways, we not only transform the nature of our conflicts, but we transform ourselves. How can the Enneagram help us on this journey? Come and explore with us!  
Room 403

**INT WS** **Buddhism, NVC and the Enneagram** • Helen Peacock • Non-Violent Communication, like Buddhism, teaches that a peaceful mind is the key to happiness. The Enneagram describes how we might disturb our peaceful mind and NVC teaches us how to get it back.  
Room 404

**INT WS** **The Enneagram. Leadership. Rigour and Compassion** • Peter McGaugh • Explore what it means to Lead with Rigour & Compassion and the difference this will make in our lives and those we are in relationship with, particularly at work.  
Room 405

2:30-2:40 Break

2:40-3:00 Closing